

CHIMO COMMUNITY SERVICES PRESENTS:
PARENTING A TEEN:
HOW TO GIVE SPACE WHILE STAYING CONNECTED
WITH YOUR TEENS



FEE \$30

THIS EDUCATIONAL GROUP WILL HELP PARENTS AND CAREGIVERS OF TEENAGERS (10- TO 18-YEARS-OLD) BETTER UNDERSTAND:

- the positive intentions behind your teen's behaviors
- how your self-coping style impacts your parenting style
- how to build positive relationships with your Teens

Group Formats:

Mini-lecture, role-playing, parent helping parent time, and Q&A session

Group Facilitators:

Gloria Pan Family & Marriage Therapist
Kit Lam Child, Youth & Family Counsellor

The workshop will be presented in Mandarin.
Sorry, child minding is not available.

Date and Time:

**Jan 29, Feb 5, 12,
19, 26, Mar 5**

Tuesday

12:30 – 2:30pm

LOCATION:

**RICHMOND CARING
PLACE
7000 MINORU BLVD.,
ROOM 340**

Limited Seats!

**Registration is
required!**

To register, please call:

604-279-7077

Kit Lam or Gloria Pan

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